

ICF Paris Île de France proposes ICF Paris International Breakfast Meeting

Date: Wednesday 1st February 2017
Time: from 8 a.m. to 10 a.m. sharp
Venue: Brasserie 12-15, 39 rue Caumartin, 75009 Paris
(Metro Havre-Caumartin)

Programme – in English

A Reflective Writing Salon For Continuing Professional Development as a Coach

Practice how to use writing for personal reflection and as a reflexive lens on your relationships and work with coaching clients. Many of the writing practices shared in the salon are transferable and work well for both coaches and clients.

ICF Paris Ile de France is very pleased to announce our next ICF Paris International event with Jackee Holder.



Topic

Paris has been the home of many of the worlds famous writers across the centuries.

Writing reflectively and creatively can be a rich resource for the personal and professional growth of the coach. Many of the benefits of a regular ongoing reflective writing practice include gaining greater clarity and insight of self which often leads to increased self-awareness, emotional intelligence and emotional resilience.

Writing regularly whether for personal or professional reasons can become both intentional and organic way of generating content for articles, books and learning resources. Writing reflectively is an ideal way of growing you and your business.

Reflective writing offers a range of creative applications and is a valid form of self supervision and development tool for building your coaching practice from the inside out.

This mini writing salon will be hands on where coaches will be invited to dive into a collection of writing activities many based on evidence based research.

Please bring a pen and notebook for the salon.

Speaker profile

Jackee Holder is a leadership coach and coach trainer. Based in the UK Jackee is a member of the the NHS (National Health Service) Leadership Academy Coach register and qualified coach supervisor and member of the Coaching Supervision Academy faculty. Jackee's love of writing began back in her early school days and she is the author of three non-fiction books and numerous articles on the value of reflective, expressive and therapeutic writing. She runs online journal writing courses and recently published, The Write Around The Trees Writing Map.

Her journals are a constant companion on her daily travels capturing notes of her observations and experiences of every day life. They are the seedbed of her writing life.

ICF Paris International. is an English-language initiative by ICF Chapter Paris Ile de France. The quarterly English-language breakfast meetings aim at creating an opportunity for the international coaching community to get together in Paris. Internationally renowned and diverse guest speakers are invited to share about trends, best practices, methodologies, tools with the coaching community in France. The events are open to all nationalities, to both ICF members and non-members.

**We welcome your contributions to make our events successful.
Please contact one of our ICF Paris International team members within our chapter to share your suggestions, contacts and proposals:
Hellen Hettinga (hellen.hettinga@coachfederation.fr)
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***Compulsory inscription on the ICF France website*
*www.coachfederation.fr***

[click here]Menu Evénements / Antennes régionales / Ile de France

10 euros (ICF members) – 15 € (non-members) (compulsory on line payment).

Any refreshments ordered outside of the package will give rise to a supplement